

Reimagine Leadership Purpose & Impact



"If the whole world is a home, India has always been the prayer room for reflection and inner transformation."

As leaders, our decisions matter. By taking the time for reflection, wise leaders create space to recalibrate their purpose with new perspectives, insights and opportunities.

You are invited to join our upcoming sojourn that will provide you with new tools, wisdom, and a deeply life-enriching experience as we travel across India with fellow leaders and changemakers.

Highlights of Your Transformative Journey Through India

Engage in daily yoga, meditation, and pranayama practices Spiritual Exploration at renowned spiritual centers, temples, and ashrams. Experience India's vibrant heritage through traditional **Cultural Immersion** music, dance, and art forms. Visit iconic landmarks and monuments that tell the story of **Historical Significance** India's rich and diverse history. Participate in local traditions, and community service Community Connection activities, fostering a deep connection with Indian culture. Discover the serene beauty of India's landscapes, from tranquil **Natural Beauty** lakes to majestic mountains and peaceful backwaters. Reflect and rejuvenate through introspective practices and wellness Personal Growth treatments, designed to nurture your body, mind, and soul.

PRICE: \$6000

Discounted pricing: \$5000 per person if signing with another colleague

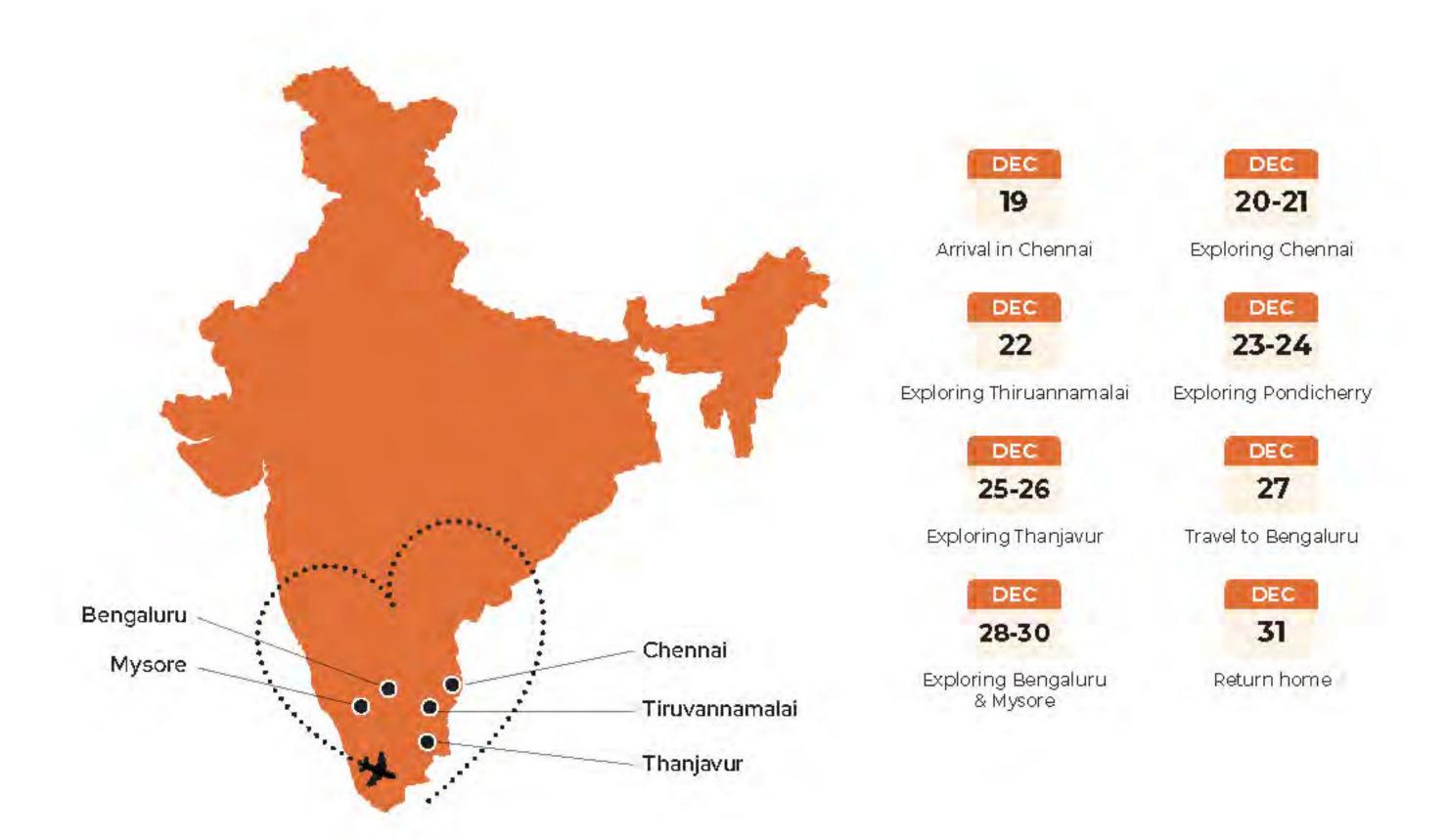
Cancellation Policy

100%: 60+ Days Prior to Arrival | 50%: 30+ Days Prior to Arrival | 0%: Within 30 Days of Arrival





Reimagine Leadership Purpose & Impact



Included:

Hotel accommodation during the entire journey, three meals per day (breakfast, lunch, dinner), all internal travel as well as transportation upon arrival in Chennai and drop off to airport during return trip.

Not included:

Travel and international health insurance, snacks during the day, shopping, tipping, trips outside of planned itinerary including spa and ayurveda treatments, adventure sports, etc.

During the journey, participants are exposed to daily yoga, pranayama, Sudarshan Kriya™ meditation practices as part of their inner development. These 'evidence based' practices ahelp build resilience, improve mental wellness and build leadership and innovation capacity.



Itinerary

Day 1 Arrival in Chennai

- Meditate on Marina Beach, one of the longest urban beaches in the world, and take a peaceful walk along the shoreline.
- Visit Arulmigu Thiruvallikeni Parthasarathy Temple.

Day 2 Exploring Chennai

- Explore Kapaleeshwarar Temple, a significant Hindu temple with vibrant architecture and spiritual ambiance.
- Visit St. Thomas Mount, a revered Christian site where St. Thomas, one of Jesus' apostles, is believed to have been martyred.

Day 3 Exploring Chennai

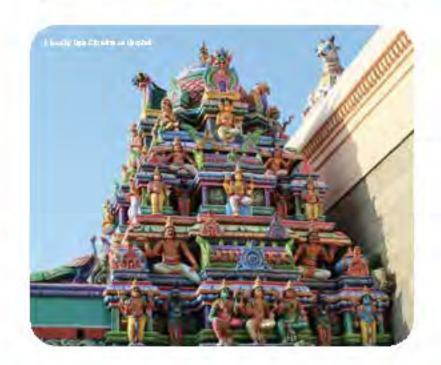
 Take the Georgetown heritage walking tour about the founding of Chennai

Day 4 Exploring Tiruvannamalai

- Visit the Arunachaleswarar Temple, one of the largest Shiva temples in India, located at the base of Arunachala Hill.
- Visit Ramana Maharshi Ashram, dedicated to the revered Indian sage Ramana Maharshi.









Itinerary

Day 5 Explore Pondicherry

- Visit Sri Aurobindo Ashram, a spiritual community dedicated to the teachings of Sri Aurobindo and The Mother.
- Explore Auroville, an international township focusing on human unity, and visit the Matrimandir, a symbol of peace and meditation.

Day 6 Explore Pondicherry

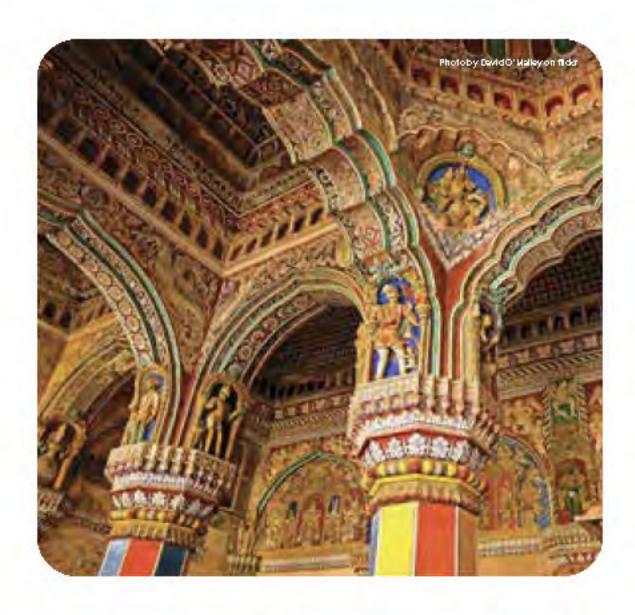
- Stroll through the French Quarter, enjoying the unique colonial architecture and serenity.
- Relax at Promenade Beach for a tranquil coastal experience.

Day 7 Explore Thanjavur

- Visit the Brihadeeswarar Temple, a UNESCO World Heritage Site.
- Explore Thanjavur Maratha Palace, with its unique architecture and museum.

Day 8 Explore Thanjavur

- Experience a Tanjore painting workshop, learning about this ancient traditional art.
- Explore local markets and enjoy the vibrant atmosphere of Thanjavur.









Itinerary

Day 9 Travel to Bengaluru

Day 10 Explore Bengaluru

- Experience the Art of Living International ashram, and learn Sahaj Samadhi meditation to deepen the journey within
- Experience warm oil ayurveda massage to rejuvenate body and mind



- Visit Bangalore city tourist spots like Lotus temple, Vidhan Soudha, etc
- Experience local shopping, food and vibrant urban life

Day 12 Explore Mysore

- Visit the Mysore Palace, one of India's grandest palaces, to admire its stunning architecture and opulent interiors.
- Attend the evening illumination of the palace, when it's lit with thousands of lights, creating a mesmerizing sight.









