

LOS ANGELES POLICE DEPARTMENT



CHARLIE BECK
Chief of Police

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ERIC GARCETTI
Mayor

May 9, 2018

Mandar Apte
RE: From India With Love

Dear Mandar

In my role as the Commanding Officer of Operations-West Bureau for the Los Angeles Police Department (LAPD), I recently sponsored and attended the screening of the documentary film "From India With Love". The film shows a real life transformational experience of victims of violence from diverse backgrounds from across America during their journey to India. The screening event brought together diverse members of the Los Angeles community along with several LAPD officers. The interactive discussion that was facilitated after the screening provided insight as to how we can come together to reinvigorate nonviolence in our local communities and neighborhoods.

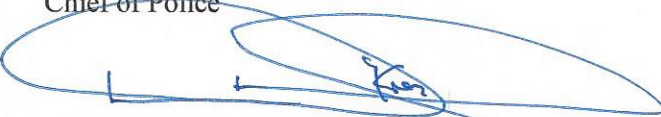
The practical breathing techniques and meditation that you conducted after the screening showed us the benefit and need for promoting greater self-care and self-compassion, often set aside by many police officers.

We look forward to working with you in promoting nonviolence in Los Angeles. Based on your film, we are looking into supporting a delegation of community activists, former gang members and LAPD police officers that will travel to India to become nonviolence ambassadors. This will further equip them with new tools, knowledge and inspiration to promote compassion and nonviolence in our community.

I wish you the best for the upcoming Nonviolence Summit that you are hosting on occasion of Mahatma Gandhi's 149th birth anniversary. I strongly believe that we need to reinvigorate India's ancient message of nonviolence and promote harmony and compassion in our world.

Very truly yours,

CHARLIE BECK
Chief of Police



DENNIS H. KATO, Deputy Chief
Commanding Officer
Operations-West Bureau